

# Silver Lake Soccer Club Safe Soccer: Prevention Policies

## Limiting One-On-One Interaction Between Adults and Minors

This policy was derived from the template provided by US Soccer Safe Soccer Framework.

### A. One-On-One Interactions

The majority of child sexual abuse is perpetrated in isolated, one-on-one situations. By reducing such interactions between children and adults, you reduce the risk of child sexual abuse. However, one-on-one time with trusted adults is also healthy and valuable for a child. Policies concerning one-on-one interactions protect children while allowing for these beneficial relationships.

#### a. Application

This policy shall apply to:

- 1) Adults at a facility under the jurisdiction of Silver Lake Soccer, including practice fields, game fields or meeting locations
- 2) Adult volunteers who have regular contact with amateur athletes who are minors
- 3) An adult authorized by Silver Lake Soccer to have regular contact with or authority over an amateur athlete who is a minor, such as a volunteer coach or other any other adult who has registered with Silver Lake Soccer club as a volunteer
- 4) Staff and board members of Silver Lake Soccer Club

(Collectively, Adults).

#### b. Observable and interruptible

- One-on-one interactions between minors and an Adult (who is not the minor's legal guardian) at our facility are permitted, if they occur at an observable and interruptible distance by another adult.
- Isolated, one-on-one interactions between minors and an Adult (who is not the minor's legal guardian) at our facility are prohibited, except under emergency circumstances.

#### c. Meetings

- Meetings between Adults and minors at our facilities may only occur if another adult is present, except under emergency circumstances. Such meetings must occur where interactions can be easily observed and at an interruptible distance from another adult.
- If a one-one meeting takes place in an office, the door to the office must remain unlocked and open. If available, it will occur in an office that (if available) has windows, with the windows, blinds, and/or curtains remaining open during the meeting.

#### d. Meetings with mental health care professionals

If a mental health care professional meets with minors at our facilities, a closed-door meeting may be permitted to protect patient privacy—provided that (1) the door remains unlocked, (2) another adult is present at the facility, (3) the other adult is advised that a closed-door meeting is occurring, and (4) written legal guardian consent is obtained by the mental health care professional, with a copy provided to our organization.

#### e. Individual training sessions

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Individual training sessions between Adults and minors are permitted at our facility if the training session is observable and interruptible by another adult. The Adult must obtain the written permission of the minor's legal guardian in advance of the individual training session. Parents, guardians, and other caretakers must be allowed to observe the training session. Permission for individual training sessions must be obtained at least every six months.

### f. Monitoring

When one-on-one interactions between Adults and minors occur at our facility, adults will monitor these interactions. Monitoring includes: knowing that the one-on-one interaction is occurring, the approximate planned duration of the interaction, and randomly dropping in on the one-on-one.

### g. Out-of-program contacts

Adults are prohibited from interacting one-on-one with unrelated minor athletes in settings outside of the program (including, but not limited to, one's home, restaurants, and individual transportation).

## B. Massages and Rubdowns

### a. Applications

This policy shall apply to:

- 5) Adults at a facility under the jurisdiction of Silver Lake Soccer, including practice fields, game fields or meeting locations
- 6) Adult volunteers who have regular contact with amateur athletes who are minors
- 7) An adult authorized by Silver Lake Soccer to have regular contact with or authority over an amateur athlete who is a minor, such as a volunteer coach or other any other adult who has registered with Silver Lake Soccer club as a volunteer
- 8) Staff and board members of Silver Lake Soccer Club

(Collectively, Adults).

### b. Licensed, certified professional

Any massage or rubdown performed by an Adult on a minor athlete at our facilities or a training or competition venue is prohibited under any circumstances.

## C. Locker Rooms, Rest Rooms and Changing Areas

### a. Application

This policy shall apply to:

- 1) Adults at a facility under the jurisdiction of Silver Lake Soccer, including practice fields, game fields or meeting locations
- 2) Adult volunteers who have regular contact with amateur athletes who are minors
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4) Staff and board members of Silver Lake Soccer Club

(Collectively, Adults).

b. Use of recording devices

Use of any device's (including a cell phone's) recording capabilities, including voice recording, still cameras, and video cameras in locker rooms, rest rooms, changing areas, or similar spaces at a facility under our organization's jurisdiction is prohibited.

c. Undress

Under no circumstances shall an unrelated Adult at a facility under our organization's jurisdiction be undressed (disrobed or partial or full nudity where private body parts are exposed) in front of minor athletes.

d. Isolated one-on-one interactions

- At no time are unrelated Adults permitted to be alone with a minor in a locker room, rest room, or changing area when at a facility under our jurisdiction or a training or competition venue, except under emergency circumstances.
- If our organization is using a facility that has access to a single set of such facilities, we will designate times for use by Adults, if any.

e. Monitoring

Our organization regularly and randomly monitors the use of locker rooms, rest rooms, and changing areas at facilities under our jurisdiction to ensure compliance with these policies.

f. Non-exclusive facility

If our organization uses a facility not under its jurisdiction (for, e.g. training or competition or similar event) and the facility is used by multiple constituents, Adults in categories 2 through 4 are nonetheless required to adhere to the rules set forth here.

g. Adults should make every effort to recognize when an athlete goes to the locker room or changing area during practice and competition and, if they do not return in a timely fashion, the adult should check on the athlete's whereabouts.

### D. Social Media & Electronic Communications

a. Application

This policy shall apply to:

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4) Staff and board members of Silver Lake Soccer Club

(Collectively, Participating Adults).

b. Content

All electronic communication originating from Participating Adults to amateur athletes who are minors must be professional in nature.

c. Open and transparent

- If a Participating Adult needs to communicate directly with an amateur athlete who is a minor via electronic communications, another Participating Adult or the minor's legal guardian will be copied.
- If a minor athlete communicates to Participating Adult privately first, the Participating Adult should respond to the minor athlete with a copy to another Participating Adult or the minor's legal guardian.
- A Participating Adult communicating electronically to the entire team will copy another Participating Adult.
- Amateur athletes who are minors may "friend" the organization's official page.

d. Prohibited electronic communications

- Participating Adults are not permitted to communicate privately via electronic communications with amateur athletes who are minors, except under emergency circumstances.
- Participating Adults are not permitted to "private message", "instant message", "direct message", or send photos via Snapchat or Instagram or any other photo sharing application to a minor athlete privately.
- Participating Adults are not permitted to maintain social media connections with minors; such Adults are not permitted to accept new personal page requests on social media platforms from amateur athletes who are minors and existing social media connections with amateur athletes who are minors shall be discontinued.

e. Requests to discontinue

Legal guardians may request in writing that their child not be contacted through any form of electronic communication by the organization or by the organization's Participating Adults. The organization will abide by any such request that their child not be contacted via electronic communication, absent emergency circumstances.

f. Hours

Electronic communications will only be sent between the hours of 8:00 am and 8:00 pm.

g. Monitoring

- The organization monitors its social media pages and removes any posts that violate the organizations' policies and practices for appropriate behavior.
- The organization will inform the legal guardian of a minor athlete of any prohibited posts, as well as the organization's administrator.

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### E. Local Travel

#### a. Application

This policy shall apply to:

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(Collectively, Participating Adults).

#### b. Transportation

- The organization does not arrange for local travel.
- Participating Adults who are not also acting as a legal guardian, shall not ride in a vehicle alone with an unrelated athlete who is a minor, absent emergency circumstances, and may only drive with at least two other minor athletes or another adult at all times, unless otherwise agreed to in writing by the minor athlete's parent/legal guardian in advance of each local travel.

#### c. Shared or Carpool Travel Arrangement

We encourage parents/legal guardians to pick up their minor athlete first and drop off their minor athlete last in any shared or carpool travel arrangement.

- d. Parents/legal guardians receive education concerning child abuse prevention before providing consent for their minor to travel alone with a Participating Adult.