

## Rush Select Soccer

Rush Select is designed for the player who wishes to play competitive soccer in a more community-based environment with less time and financial commitment than Premier and with more emphasis on technical skill development, higher-level competition and more playing opportunities than recreational soccer. Select coaches are former players or students of the game who have a passion for the soccer and for teaching. Rush Select plays in the North Puget Sound League (NPSL) with localized competition, a modest overall travel requirement and like versus like competition. Team formation starts at U11 and goes up to U16.

The Rush Select soccer season is 7-8 months depending on the age and level of the team. Teams are formed from a competitive tryout; they will train 2-3 times per week, attend approximately 3 relatively local tournaments over the summer and play in 12-14 fall NPSL season games. After the fall season, each team plays in the Washington State Founders Cup tournament. Teams are encouraged to take a break from organized soccer over the spring season in order to rest and/or to participate in other activities.

## Washington Rush Soccer Club

Washington Rush is the Premier Regional Club for Snohomish County. Rush teams play in Washington Youth Soccer's Regional Club League (RCL). The RCL is comprised of the top 18 clubs in the state and provides the highest level of league play and player development for boys and girls U8-U18. Rush Premier soccer seasons range from 8-12 months depending on the age and level of the team. Teams train 2-3 times per week; attend 3-7 tournaments and play an average of 21 fall and spring RCL season games. Rush Premier players often participate in other after school sports and activities.

To be named a Regional Club, Clubs must adhere to the Regional Club League Charter, which outlines rigorous standards. Rush Premier coaches are all licensed and have playing backgrounds at the Professional or Collegiate levels. Player development curriculum and training guidelines are developed to ensure standardization across the league and that all clubs are of equivalent caliber. Rush Premier is also known for producing collegiate players year after year.



**PREMIER**



**SELECT**



**RECREATIONAL**

## Silver Lake Soccer Club & Mukilteo Youth Soccer Club

Recreational level soccer is an ideal entry point for the player who wants to be introduced to the game, play with friends, and participate on a community-based team. Silver Lake and Mukilteo recreational soccer programs provide excellent and well organized opportunities for over 2,500 youth to play an 8-10 game fall season from about August to mid November and another separate 6 game spring season in April and May. No tryouts are required to join a team.

Recreational teams from Silver Lake and Mukilteo generally play in the North County recreational league against neighboring clubs. Recreational soccer is purely for the enjoyment of the sport, and not as much focus is placed on advanced technical and tactical instruction. Rush Premier provides occasional supplemental technical training sessions to both Mukilteo and Silver Lake as part of their commitment to promoting soccer in our region.